

Find Out More

To discuss delivery of this unique workshop at your service, contact the Development Manager for New Paradigm Professional Development on:

T (03) 9519 7000
E nppd@vicserv.org.au

You can find out more about this workshop and Psychiatric Disability Services of Victoria (VICSERV) at: www.vicserv.org.au

Mental Illness Awareness Workshop



Our Mental Illness Awareness Workshop is designed for people who do not need to be experts in psychiatric treatment but need to know enough about mental illness and how it affects people's lives to effectively carry out their work when they encounter people with mental illness.

This workshop will give you a better understanding of mental illness and the confidence to communicate effectively and refer people to appropriate services.

Workshop Learning Outcomes

On completion of this workshop, participants will be able to:

- describe the major mental illnesses, the history of treatment and stigma and how these impact on people's lives,
- implement effective communication skills in working with clients who have a mental illness,
- name what is needed by people with mental illness seeking assistance, and
- identify key parts of the service system that can assist.

Benefits of our Workshop

This workshop has been successfully delivered and well-received for many years and can benefit your service because:

- programs can be delivered at your location and aspects of the workshop can be tailored to suit your particular type of service or situation,
- Psychiatric Disability Services of Victoria (VICSERV) trainers are qualified and accredited and have extensive experience in working with people living with mental illness,
- all participants receive thorough and well-tested resource material and workbooks, and
- the workshop is interactive and encourages participation.

Who should do this Workshop?

Human resource managers, local government/council services, including library staff, community advisory staff, volunteers, electoral office staff, HACC workers, home-help service staff, recreation workers, employment service staff, advocacy service staff and residential care workers.

Who Delivers the Workshop?

This workshop is designed, delivered and regularly updated by the Training and Professional Development team of Psychiatric Disability Services of Victoria (VICSERV), the peak body in Victoria for community mental health support services.

Our training team combines their front-line psychiatric disability support work experience with training skills and nationally recognised training qualifications.

'Easy to follow notes and information, well delivered and the trainer made you feel comfortable to express opinions and ask questions.' Participant, Maroondah City Council.

'The whole program was particularly effective and provided a sound knowledge base for working with people with a mental illness.' Participant, Office of the Public Advocate.
