



Psychiatric Disability Services of Victoria (VICSERV) Inc  
Level 2, 22 Horne Street, Elsternwick 3185  
Tel: (03) 9519 7000 Fax: (03) 9519 7022  
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[www.vicserv.org.au](http://www.vicserv.org.au)

**Professional Supervision**  
**Two day intensive training program**  
**A VICSERV Specialist Partnership Training Program**

**Program Aims & Objectives:**

1. Understand the key roles and capabilities required for conscious competence.
2. Outline key principles, capabilities and practices
3. Provide relief with a methodology and ideas for the art
4. Self assess your supervisory strengths and areas for professional development (SCAI)
5. Plan approaches for current key staff

**Learning Outcomes:**

1. Know how to promote the implementation and monitoring of an organisational culture that values supervision
2. Clearer understanding of five required roles for balanced supervision
3. How to balance support and care with performance management
4. Review a checklist for preparing both parties
5. Resources to clarify confidentiality, expectations and shared responsibility for self care
6. Example session structure and content Strategies to integrate learnings from supervision into actual behaviour change A proforma to identify unconscious influencers determining behaviour Know how to use a prioritisation tool to enable focus and tracking for extended periods especially in times of organisational change
10. Processes and tips to deal with extreme distress, passive resistance, risk management or conflict
11. How to apply an assessment inventory to identify individual preferred affirmation styles (Chapman) and therefore how to support each supervisee in the most effective way

**Program Content & Structure:**

- Structure will include personalised tuition, paired and group information sharing, skills practice (with feedback on request), Resource Kit and reading list.

**Who should attend?**

- This training program is designed for Managers, Co-ordinators, Team Leaders and/or Professional Supervisors. Previously this workshop has been accredited with 12 generalist professional development points with the APS. Points will be applied for on request and with sufficient notice.

**Program Presenter: Sheree McDonald**

- Sheree provides professional supervision, executive coaching, counselling, and training in the health and welfare sectors
- She is an expert in how people learn and integrate skills in work patterns, to be sustained even in times of stress
- A psychologist, with over 20 years experience in counselling, managing organisational change, facilitating groups, designing and implementing innovative consultation and training programs, skilling participants to build teams and resolve conflicts

**Trainer:** Sheree McDonald  
**Date(s) & time(s):** Monday 24 November & Monday 1 December  
9.15am – 4.30pm  
**Location:** VICSERV, Level 2, 22 Horne Street, Elsternwick  
**Cost:** VICSERV Member Rate \$308.00 including GST, Lunch & Course Manual  
Non Member Rate \$385.00 including GST, Lunch & Course Manual

	<b>Please fax this registration form to (03) 9519 7022, OR mail to PO Box 1117, Elsternwick 3185 OR email: <a href="mailto:training@vicserv.org.au">training@vicserv.org.au</a></b>		
<b>Name (please print):</b>			
<b>Course &amp; Code:</b>	<b>Professional Supervision T817A</b>		
<b>Date(s) &amp; time(s)</b>	<b>Monday 24 November &amp; Monday 1 December 9.15am – 4.30pm</b>		
<b>Location:</b>	<b>VICSERV, Level 2, 22 Horne Street, Elsternwick</b>		
<b>Cost (please tick box):</b>	<b>VICSERV Member Rate \$308.00 inc GST</b>	<input type="checkbox"/>	
	<b>Non Member Rate \$385.00 inc GST Text</b>	<input type="checkbox"/>	
<b>Organisation:</b>			
<b>Invoice Address:</b>			
<b>Suburb:</b>		<b>Postcode:</b>	
<b>Tel:</b>			
<b>Fax:</b>			
<b>Email:</b>			
<b>Confirmation Address (if different from Invoice Address):</b>			
<b>Suburb:</b>		<b>Postcode:</b>	