



Psychiatric Disability Services
of Victoria (VICSERV)

BUILDING CAPACITY IN COMMUNITY MENTAL HEALTH FAMILY SUPPORT AND CARER RESPITE PROJECT

BIBLIOGRAPHY

September 2009



BUILDING CAPACITY IN COMMUNITY
MENTAL HEALTH FAMILY SUPPORT
AND CARER RESPITE PROJECT



Psychiatric Disability Services
of Victoria (VICSERV)



Western Australian Association
for Mental Health

Access Economics (2005). "The economic value of informal care." Retrieved 22/03/09, from <http://www.accesseconomics.com.au/publicationsreports/showreport.php?id=6&searchfor=2005&searchby=year>.

Ackerson, B. J. (2003). "'Coping with the dual demands of severe mental illness and parenting: The parent's perspective' " Families in Society: The Journal of Contemporary Social Services **84**(1): 109-118.

ACT Government (2003). "Challenges 2014: A ten year vision for disability in the ACT." Retrieved 08/04/09, from http://www.dhcs.act.gov.au/__data/assets/pdf_file/0015/5334/Challenge_2014.pdf.

ACT Government (2004). "*Caring for Carers in the ACT - A Plan for Action*." Retrieved 08/04/09, from http://www.dhcs.act.gov.au/wac/policy_and_engagement/carers.

ACT Government (2004). Social Plan - Building our Community. Canberra.

ACT Young Carers Network (2000). Submission to the enquiry into Young People Not Achieving Satisfactory Outcomes in Education. Canberra, ACT Young Carers Network.

Adamec, C. (1996). How to live with a mentally ill person: A handbook of day to day strategies, John Wiley & Sons.

Allen, C. (1997). "Somebody Cares." Health Service Journal(19 June): 34-36.

Alliston, C. (2002). Challenges and triumphs: a mosaic of meanings. Adelaide, Australian Network for Promotion, Prevention and Early Intervention for Mental Health.

Alliston, S. L. (2006). "Senator Lyn Alliston, in her role of Chair of the Senate Select Committee on Mental Health." from http://www.democrats.org.au/campaigns/mental_health_services_report/.

American Psychiatric Association, P. Solomon, et al. (1998). *Families and Mental Health Treatment: A Compendium of Articles from Psychiatric Services and Hospital and Community Psychiatry*, American Psychiatric Publishing Inc.

ARAFMI (2003). Dual Diagnosis: Mental Illness and Substance Use. Queensland, ARAFMI, Queensland.

ARAFMI (2005). Carer Services Mapping Project. Canberra.

ARAFMI (2006). The Keeping Care Complete Survey. The World Federation for Mental Health and Eli Lilly and Company.

Arksey, H., L. O'Malley, et al. (2002). Overview Report: Services to Support Carers of People with Mental Health Problems. London, Department of Health.

Arksey, H., L. O'Malley, et al. (1994). "'The effect of respite care on elderly patients and their carers.'" Age and Ageing **23**: 274-276.

Arksey, H., L. O'Malley, et al. (2002). Literature Review Report: Services to Support Carers of People with Mental Health Problems, NHS Centre for Reviews and Dissemination, University of York.

-
- Armstrong, J. and L. Shevellar (2006). "Re-thinking respite." The SRV Journal 1(1): 14-25.
- Arntz, M., Sacchetto, R., Spermann, A., Steffes, S., & Widmaier, S. (2007). "The German Social Long-Term Care Insurance: Structure and Reform Options." IZA.
- Ashfield, J. (2009). Taking care of yourself and your family: a resource book for good mental health, Peacock Publications.
- Ashworth, M., Baker, A. H. (2000). "'Time and space': carers' views about respite care." Health and Social Care in the Community 8(1): 50-56.
- Aspire (2009). "Aspire a pathway to Mental Health Inc.". Retrieved 22/03/09, from <http://www.aspire.org.au/victoria/pages/services/respite/respite.htm>.
- Australian Association of Social Workers (2007). "Submission: Inquiry into Mental Health Services in Australia." Retrieved 22/03/09, from http://wopared.aph.gov.au/senate/committee/clac_ctte/mental_health/submissions/sub08.pdf.
- Australian Bureau of Statistics (2003). Disability, Ageing and Carers in Australia: Summary of Findings, 2003, ABS.
- Australian Bureau of Statistics (2004). 2003 Disability, ageing and carers: Summary of findings. Canberra, ABS.
- Australian Bureau of Statistics (2006). Aspects of social capital. Canberra, ABS.
- Australian Bureau of Statistics (2007). National Survey of Mental Health and Wellbeing: Summary of Results. Canberra, ABS.
- Australian Bureau of Statistics (2008). A Profile of Carers in Australia. Canberra, ABS.
- Australian Institute of Health and Welfare (2002). "Extended Aged Care at Home, Census 2002, AIHW." Retrieved 22/03/09, from <http://www.aihw.gov.au/publications/age/eachc02/eachc02.pdf>
- Australian Institute of Health and Welfare (2005). "Australia's Welfare 2005." from <http://www.aihw.gov.au/publications/index.cfm/title/10186>
- Australian Institute of Health and Welfare (2006). "Australia's Health 2006." from <http://www.aihw.gov.au/publications/aus/ah06/ah06.pdf>.
- Australian Institute of Health and Welfare (2008). The eleventh biannual health report of the Australian Institute of Health and Welfare. Canberra, AIHW.
- Barnett, K. and M. Cricelli (1990). "'Caring for Caregivers: the Multicultural Respite Care Project'." Australian Journal of Social Work 43(3): 39-43.
- Barrowclough, C., C. Tarrrier, et al. (1993). Non C'e Tempo (No Time for Me): A Project for Italian Women Caring for a Family Member with a Psychiatric Illness in the City of Whittlesea - Final Report. Reservoir, North East Women's Health Service Inc.

Bauml, J., G. Pitschel-Walz, et al. (2007). "Psychoeducation in schizophrenia: 7 yr follow-up concerning rehospitalisation and days in hospital in the Munich Psychosis Information Project Study." Journal of Clinical Psychiatry **68(6)**: 854-861.

Becker, S., J. Aldridge, et al. (1998). Young Carers and their Families. Oxford, Blackwell Science.

Beeler, J., A. Rosenthal, et al. (1999). "Patterns of Family Caregiving and Support Provided to Older Psychiatric Patients in Long-Term Care " Psychiatric Services **50**: 1222-1224.

Bentley, K. J. (1990). "An evaluation of family-based intervention with schizophrenia using single system research." British Journal of Social Work **20**: 101-116.

Bentsen, H. (2003). "Does psychoeducational family intervention improve outcome of schizophrenia?" Tidsskr Nor Laegeforen **123(18)**: 2571-2574.

Birchwood, M., J. Smith, et al. (1992). "Specific and non-specific effects of educational intervention for families living with schizophrenia: A comparison of three methods." British Journal of Psychiatry **160**: 806-814.

Bland, R. (1996). Episodic care of people with a mental illness. In Towards a National Agenda for Carers: Workshop Papers. Aged and Community Care Division. Canberra, Australian Government Publishing Service.

Bland, R. and C. Harrison (2000). "Developing and evaluating a psychoeducation program for caregivers of bipolar affective disorder patients: report of a pilot project." Research on Social Work Practice **10**: 209-228.

Boston Consulting Group (2006). Improving mental health outcomes in Victoria: Report to the government of Victoria. Melbourne.

Bowling, A. and A. Cartwright (1995). Caring for the Spouse who died. Buckingham, Open University Press.

Braithwaite, V. A. (1990). Bound to care. Sydney, Allen & Unwin.

Brodaty, H. C., Thomson, C., Thompson, C., & Fine, M. (2005). "Why caregivers of people with dementia and memory loss don't use services." International Journal of Geriatric Psychiatry **20(6)**: 537-546.

Brodhead, T. (2003). "This day is for me: Taking care of the caregiver." Retrieved 30/11, 2004, from <http://www.mcconnellfoundation.ca/pubs.e/crgv.pdf>.

Brooker, C., C. Barrowclough, et al. (1992). "Evaluating the impact of training community psychiatric nurses to educate relatives about schizophrenia." Journal of Clinical Nursing **1**: 19-25.

Brown, D., J. White, et al. (2006). "Collaborative partnerships for nursing faculties and health service providers: What can nursing learn from business literature?". Retrieved 22/01/09, from http://www.cdu.edu.au/gshp/documents/Brown_collaborativepartnerships.pdf.

Brown, E. (1989). My Parents' Keeper: Adult Children of the Emotionally Disturbed. United States, New Harbinger Publications.

Brown, G. W., J. L. T. Birley, et al. (1972). "Influence of family life on the course of Schizophrenia disorders: a replication." British Journal of Psychiatry **121**: 241-258.

Budd, R. J. and I. C. T. Hughes (1997). "What do relatives of people with schizophrenia find helpful about family intervention?" Schizophrenia Bulletin **23**: 341-347.

Burns, C., Clough, A., Currie, B., Thomsen, P., & Wuridjal, R. (1998). "Resource requirements to develop a large, remote aboriginal health service: Whose responsibility? ." Australian and New Zealand Journal of Public Health **22**(1): 133-139.

Burnsall, S. and P. Murphy (2003). Understanding the experiences and needs of young people whose parents has an illness or disability, Queensland Council of Carers and Griffith University.

Cabinet Office Japan (2007). "Annual report on the aging society: 2007." from <http://www8.cao.go.jp/kourei/english/annualreport/2007/2007.pdf>.

Cacioli, J. and R. Cummins (2009). Building capacity in community mental health, family support and carer respite: Literature review report of respite models. Melbourne, Psychiatric Disability Services of Victoria (VICSERV).

Campbell, C. P.-H. (1998). Vietnamese Elderly and Their Carers in the Northern Metropolitan Area: Service Usage and Needs. Australian Vietnamese Women's Welfare Association. Melbourne.

Cardin, V., C. McGill, et al. (1985). An economic analysis: Costs, benefits, and effectiveness. Baltimore, The John Hopkins University Press,.

Carerlinks (2007). "A guide to Respite Care."

Carers A. N. S. F. (1999a). Caring About Carers. H. Government. London.

Carers ACT (2008). Carers - Having Their Say On The ACT's Future. Carers ACT. Canberra.

Carers Advisory Group (2001). "Working with Carers - The London Mental Health Carers' Charter." Retrieved 20/01/09, from http://www.makingspace.co.uk/document_library/downloads/NIMHEworkinwith.pdf.

Carers Association of South Australia (1999). Report on a Survey of Carer Respite Needs and Carer Respite Services in the South East Country Region of South Australia.

Carers Australia. "Information for Carers, Taking Care of Yourself." Retrieved 20/01/09, from [http://www.health.gov.au/internet/main/publishing.nsf/Content/6C1DF6F1D7C9D286CA256F19000F43C5/\\$File/takecare.pdf](http://www.health.gov.au/internet/main/publishing.nsf/Content/6C1DF6F1D7C9D286CA256F19000F43C5/$File/takecare.pdf).

Carers Australia (1996). Forfeiting their Futures to Care: A Report on Younger Carers. Canberra.

Carers Australia (1997). Questions of Responsibility: Children and Caring in Australia. Canberra.

Carers Australia (2002). "Young Carers Research Project: Final Report." Retrieved 20/01/09, from <http://www.facs.gov.au/sa/carers/pubs/YoungCarersReport/Pages/default.aspx>.

Carers Australia (2007a). "Federal budget submission 2007-08; Building choices for carers."
Retrieved 20/01/09.

Carers Australia (2007b). "Inquiry into Mental Health Services." Retrieved 20/01/09, from
http://www.aph.gov.au/Senate/committee/clac_ctte/mental_health/submissions/sub11.pdf.

Carers Australia (2007c). Reconceptualising Respite: Key issues and future directions. NDS NSW Conference. NSW, Carers Australia.

Carers Australia (2008). "Bring It! 2008 forum report." Retrieved 20/01/09, from
www.carersaustralia.com.au/uploads/Carers%20Australia/CA%20Reports/20090624_Bring_it_Final_Report.pdf
<http://www.carersaustralia.com.au/uploads/Carers%20Australia/CA%20Reports/20090624_Bring_it_Final_Report.pdf>

Carers Australia (2008). Don't wait: Carers say listen and act now. A report on the Carers Virtual 2020 summit. Canberra, Carers Australia.

Carers NSW. "Young Carers Project." 2009, from
<http://www.youngcarersnsw.asn.au/ArticlePage.aspx?PageID=13>

Carers NSW (1998). Coping at Home: Carer's Use and Non-use of Community Services. Sydney, Carers NSW.

Carers Victoria (2002). The hidden nature of caring in ethnic communities: Forum Report. Melbourne.

Carers Victoria (2002). The Hidden Nature of Caring in Ethnic Communities : Forum Report. Melbourne, Vic., Carers Victoria.

Carers Victoria (2008). The Lulus Model: A peer support program for young carers. Melbourne, Carers Victoria.

Carers WA (2003). Worried, Tired and Alone. A Report of Mental Health Carers' Issues in WA. Perth, Carers WA.

Carins, B. (2007). Final Report for a Mental Health Respite Service Plan for the Eastern Metropolitan Region of Melbourne. Melbourne, Uniting Care Community Options.

Carmichael, F., C. Hulme, et al. (2008). "Work-life imbalance: Informal care and paid employment in the UK." Feminist Economics **14**(2): 3-35.

Carol Flynn and Associates (2008). Report on Carer' Focus Group Feedback On Carers ACT Services and Area for Improvement. Canberra, Carers ACT.

Carpentier, N., A. Lesage, et al. (1992). "Burden of care of families not living with young schizophrenic relatives." Hospital and Community Psychiatry **43**: 38-43.

Carretero, S., Garces, J., & Rodenas, F. (2007). "Evaluation of the home help service and its impact on the informal caregiver's burden of dependent elders." International Journal of Geriatric Psychiatry **22**: 738-749.

Cartwright-Hatton, S. (2007). Coping with an anxious or depressed child. England, Oneworld Publications.

Central Queensland University (2008). "Indigenous Australians who want to die in homelands face obstacles." 2009, from <http://uninews.cqu.edu.au/UniNews/viewStory.do?story=5051>

Chappell, N. L., Reid, R. C., & Dow, E. (2001). "Respite reconsidered: A typology of meanings based on the caregiver's point of view." Journal of Aging Studies **15**: 201-216.

Charity Advantage. "The Rose House." Retrieved 22/03/09, from <http://www.charityadvantage.com/people/RoseHouse.asp>.

Clea, S. (1998). Mad House: Growing up in the shadows of mentally ill siblings. USA, Penguin Group.

Cole, R. a. G.-M., T. for Carers Victoria (2003). For love, for faith, for duty, for deed: beliefs and values about caring in the Anglo-Celtic, Greek, Italian, Polish, Turkish and Vietnamese communities in Victoria, , Carers Victoria.

Collins, J. (1999). What do NESB Carers Say? Victorian Transcultural Mental Health Network: 3-4.

Committee, S. (2008, 1/4/09). "Answers to questions asked at the Senate Community Affairs Committee hearing." from http://www.apf.gov.au/Senate/committee/clac_ctte/mental_health/submissions/sublist.htm.

Commonwealth Carer Respite and Carelink Centre Western Metropolitan Region (2006). Report: Thinking about a break, Carers Association Victoria.

Commonwealth Carer Respite and Carelink Centre (2006). Thinking about a break? An information kit for carers on residential respite. C. C. R. a. C. Centre. Footscray, Commonwealth Carer Respite and Carelink Centre.

Community Resource Unit Inc. (2009). "Self Directed Support." from <http://www.cru.org.au/projects/selfdirectedsupport/selfdirectedsupport.htm>.

Consumer Advisory Group NSW (2007). Submission to the Australian Senate Community Affairs Committee inquiry into mental health services in Australia. Sydney.

Contole, J. (2001). Information for family members, friends and others about the carer experience, Villa Maria Carer Services.

Cook, J., T. Heller, et al. (1999). "The effect of support group participation on caregiver burden among parents of adult offspring with severe mental illness." Family Relations **48**: 405-410.

Cooke, D., L. McNally, et al. (2001). "Pilot study of the effectiveness of the family to family education program." Psychiatric Services **52**: 965-967.

Cooperative Research Centre for Aboriginal Health (2008). "Caring for Indigenous people with mental illness. ." from http://www.crcah.org.au/research_progam_areas/downloads/SE63AIMHIFact_Sheet-0308.pdf.

Council of Australian Governments (2006). National Action Plan of Mental Health 2006 - 2011. Canberra.

Cowley, S. (2007). A funding model for health visiting. London, Unite/CPHVA.

Cowling, V. (1996). "Meeting the Support Needs of Families with Dependant Children Where a Parent has a Mental illness." 2008, from www.aifs.org.au/institute/afrcpapers/cowling.html.

Crombie, I., et al. (2007). "Carers of People with Mental Health Problems: Proposals Embodied in Current Public Mental Health Policy in Nine Countries." *Journal of Public Health Policy* **28**: 465-482.

Cummings, E. M., & Davies, P. T. (1994). "Maternal depression and child development." *Journal of Child Psychology and Psychiatry* **35**: 73-112.

Cummins, R., Hughes, J., Tomy, A., Gibson, A., Woerner, J. & Lai, L. (2007). Australian Unity Wellbeing Index Survey: 17.1. The wellbeing of Australians: Carer health and wellbeing. Melbourne, Deakin University, Carers Australia and Australian Unity.

Curtin, T. (2005). "Perspectives on a CALD family." *Synergy* (2). Retrieved 20/01/09, from <http://www.mmha.org.au/mmha-products/synergy/2005No2/PerspectivesonCALDFamily>

Cuvegen, H. (1998). In My Language: Pioneer needs and HACC Services Study of Turkish Speaking Elderly, Disabled and Carers Living in Melbourne. Melbourne, Turkish Speaking Community Worker's Association of Victoria.

Dalley (1998). *Ideologies of Caring: Rethinking Community and Collectivism*. United Kingdom, MacMillan.

Dearden, C. (2000). Young Carers: The UK Research Findings. *Share the Care*. C. Caposella and S. Warnock, Fireside.

Dearden, C., Becker, S. (2004). Young Carers in the UK: The 2004 Report. London, Carers UK.

Dearden, C. and S. Becker (1998). *Young Carers in the UK: A Profile*, Carers National.

Dearden, C. and S. Becker (2000). *Growing Up Caring: Vulnerability and Transition to Adulthood*. Leicester, Youth Worker Press.

Dempster, P. (2009). Northern Territory Mental Health Coalition Position: A fresh start, mental health and the future pathways for recovery and life improvement. Darwin, NT Mental Health Coalition.

Department of Ageing, Disability and Home Care NSW, . "Respite." Retrieved 22/03/09, from <http://www.dadhc.nsw.gov.au/dadhc/People+with+a+disability/Respite.htm>.

Department of Families, Community Services and Indigenous Affairs, (2007). "National Respite Development Fund Guidelines." Retrieved 26/05/08, from [http://www.facsia.gov.au/internet/facsinternet.nsf/via/nrdf/\\$file/NRDF_ProgramGuidelines_July07.pdf](http://www.facsia.gov.au/internet/facsinternet.nsf/via/nrdf/$file/NRDF_ProgramGuidelines_July07.pdf)

Department of Families, Community Services and Indigenous Affairs, (2007). *Submission to the Senate Community Affairs Committee inquiry into mental health services in Australia*. Canberra.

Department of Families, Housing, Community Services and Indigenous Affairs, (2008). "Mental Health." Retrieved 26/05/08, from <http://www.facsia.gov.au/internet/facsinternet.nsf/mentalhealth/nav.htm>

Department of Health (2002). "Developing Services For Carers and Families of People with Mental Illness." Retrieved 26/05/08, from www.doh.gov.uk/nsf/mentalhealth.htm.

Department of Health (2008). "Mental health and well being." Retrieved 26/05/08, from <http://www.health.gov.au/internet/mentalhealth/publishing.nsf/Content/programs-and-initiatives-lp-1>

Department of Health and Ageing (1991). "Mental Health: statement of rights and responsibilities." Retrieved 26/05/08, from <http://www.health.gov.au/internet/main/publishing.nsf/Content/mental-pubs-m-rights-toc-mental-pubs-m-rights-glos>

Department of Health and Ageing (1992). "National Mental Health Strategy." Retrieved 30/06/08, from <http://www.health.gov.au/internet/main/publishing.nsf/Content/mental-strat>.

Department of Health and Ageing (2001). "Towards better mental health for the veteran community." Retrieved 30/07/08, from <http://www.mentalhealth.gov.au/internet/mentalhealth/publishing.nsf/Content/dva-pol-towards-vet-1>.

Department of Health and Ageing (2008). "National Suicide Prevention Strategy." Retrieved 30/07/08, from <http://www.mentalhealth.gov.au/internet/mentalhealth/publishing.nsf/Content/national-suicide-prevention-strategy-1>.

Department of Health and Community Services (2003). *Building Healthier Communities, A Framework for Health and Community Services 2004-2009*. Darwin.

Department of Health NSW (2007). *Aboriginal information and support needs assessment for families and carers: AFACT (Aboriginal Families and Carers Training) - Stage One*. Beyond Consulting, NSW Department of Health.

Department of Health UK (1999). "Caring about Carers." Retrieved 26/05/08, from www.doh.gov.uk/nsf/mentalhealth.htm.

Department of Health UK (1999). "National Service Framework for Mental Health." Retrieved 26/05/08, from www.doh.gov.uk/nsf/mentalhealth.htm.

Department of Health UK (2001). "National Service Framework for Older People." Retrieved 26/05/08, from http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_4003066.

Department of Health UK and National Strategy for Carers (1999). [A Real Break: Guidebook on the provision of short term breaks](#), Department of Health UK.

Department of Human Services South Australia (2004). Challenges for Health Services in Rural, Regional and Remote South Australia: Achieving Better Health Outcomes. Adelaide, DHS SA.

Department of Human Services Victoria. "Victoria's Mental Health Services." Retrieved 31/07/08, from www.health.vic.gov.au/mentalhealth.

DHS (2004). "Information for Families and Carers of People with a Mental Illness." 2009, from <http://www.health.vic.gov.au/mentalhealth/carers.htm>.

DHS (2008). Support Your Way: A self-directed approach for Victorians with a disability. V. G. D. o. H. Services. Melbourne, Victorian Government Department of Human Services.

Dixon, L. B. and A. F. Lehman (1995). "Family interventions for schizophrenia." *Schizophrenia Bulletin* **21**(4): 631-643.

Donnelly, M. (1992). *The Politics of Mental Health in Italy*. New York, Routledge.

Dwight, L., M. D. Evans, et al. (2005). If your adolescent has depression or bipolar disorder: An essential resource for parents. UK, Oxford University Press.

Eastern Perth Public Health and Community Health Unit and Murdoch University (2001). Care-Giving and the Social Construction of 'Mental Illness' in Immigrant Communities.

Ekwall, A. K., & Hallberg, I. R. (2007). "The association between caregiving satisfaction, difficulties and coping among older family caregivers " *Journal of Clinical Nursing* **16**: 832-844.

Elli, K. and H. Northern (1990). Families and Health Care: Psychosocial Practice. New York, Walter de Gruyter.

Enduring Solutions (2003). Sustaining Caring Relationships: Final Report of the Met and Unmet Needs in Respite Care Project. Canberra.

EPPI Centre (1999). A Review of the Effectiveness and Appropriateness of Peer-Delivered Health Promotion Interventions for Young People. London, Eppi Centre, University of London.

Evans, D. and L. W. Andrews (2005). If your adolescent has depression or bipolar disorder: An essential resource for parents. Oxford, UK, Oxford University Press.

Evert, H. and E. Kukulska (1993). "Polish Carers, Their Dependents and Respite Care Services." *Australian Journal on Ageing* **15**(4): 182-187.

Evert, H. and E. Kukulska (1993). A Proposed Model of Respite Care Based on a Study of the Needs of Polish Carers of the Elderly/Disabled and Existing Respite Care Services in the Western Suburbs, Footscray. Melbourne, Australian Polish Community Services.

Falloon, I. and J. Pederson (1985). "Family management in the prevention of morbidity of schizophrenia: The adjustment of the family unit." *British Journal of Psychiatry* **147**: 156-1163.

Fielder, B. (1996). Young Carers Making A Start: A report on the SSI Fieldwork Project on Families with Disability or Illness. Wetherby, Department of Health.

Finley, L. (1998). "The cultural context: families living with mental illness." Psychiatric Rehabilitation Journal **21**(3): 230-240.

Fischer, D. (1995). Care Issues for People from a Non-English Speaking Background. Department of Human Services and Health, Towards a National Agenda for Carers: Workshop Papers. Canberra, Australian Government Publishing Service: 154-160.

Fischer, D. (1995). Carer Support Kit for Carers from a Non English Speaking Background: Final Project Report. Canberra, Carers Association of Australia.

Fisher, A. and M. Savin-Badden (2001). "The benefits to young people experiencing psychosis, and their families, of an early intervention program: Evaluating a service from the consumers' and the providers' perspectives." British Journal of Occupational Therapy **64**: 58-65.

Fitzpatrick, M. and P. Reeve (2003). "Grandparents' raising grandchildren - a new class of disadvantaged Australians." Family Matters **66**: 54-57.

Francis-Cheung, T., Grey, R. (2002). Men and depression: What to do When the Man You Care About Is Depressed. London, Thorsons.

Frank, J., C. Tatum, et al. (1999). On Small Shoulders: Learning from the Experiences of Young Carers. London, The Children's Society.

Fritze, J. (2008). Community Transport Snapshot Project: An overview of community transport in Victoria. Victoria, Victorian Council of Social Services.

Froggatt, D., Fadden, G. et al. (2007). Families as Partners in Mental Health Care - A guidebook for implementing family work. Canada, World Fellowship for Schizophrenia and Allied Disorders.

Fudge, E. a. M., P. (2004). "Consulting with young people about service guidelines relating to parental mental illness." Australian e-Journal for the Advancement of Mental Health **3**(2): 1-9.

Fujino, N., Okamura, H (2009). "Factors Affecting the Sense of Burden by Family Members Caring for Patients With Mental Illness." Archives of Psychiatric Nursing **23**(2): 128-137.

Gardner, J. (1999). "Communication with Carers - The Results of a Survey into Carers' Experiences." from www.nsf.scot.org.uk/text/carercomm.htm.

Gatos, P. (1999). Carers From Culturally and Linguistically Diverse Backgrounds: Respite Project - Issues of Access to Respite by Horn of Africa Communities in the Western Metropolitan Region of Melbourne. Melbourne, Care Connect, Carer Links West, Abercare Family Services.

Gays, M. (1998). A comparative study of age-related domestic labour between young carers and young people. United Kingdom, University of Luton.

Gays, M. (2002). A Lifetime of Caring: ACT Schools-based Young Carers Survey. Canberra, Marymead Child and Family Centre.

Geiser, R., L. Hoche, et al. (1988). "Respite care for mentally ill patients and their families." Hospital and Community Psychiatry **39**: 291-295.

George, R. D., & Howell, C. C. (1996). "Clients with schizophrenia and their caregivers' perceptions of frequent psychiatric hospitalisations." *Issues in Mental Health Nursing* **17**: 573-588.

Georgopoulos, E. (2002). Perspective from Greek Speaking Communities. *The Hidden Nature of Caring in Ethnic Communities: Forum Report*. Melbourne, Carers Victoria: 25-28.

Gerkenmeyer, J. E., Perkins, S. M., Scott, E. L., & Wu, J. (2008). "Depressive symptoms among primary caregivers of children with mental health needs: Mediating and moderating variables." *Archives of Psychiatric Nursing* **22**(3): 135-146.

Gilmour, J. (2002). "Dis/integrated care: family caregivers and in-hospital respite care." *Journal of Advanced Nursing* **39**(6): 546-553.

Godrey, M. and G. Wistow (1997). "The user perspective on managing for health outcomes: the case of mental health." *Health and Social Care in the Community* **5**(5): 325-332.

Goldstein, M. (1996). "Psycho-education and family treatment related to the phase of a psychotic disorder." *International Journal of Clinical Psychopharmacology* **11**: 277-283.

Grant, G. e. a. (2008). "Young people supporting parents with mental health problems: experiences of assessment and support." *Health and Social Care in the Community* **16**(3): 271-81.

Gregory, N. e. a. (2006). "Identifying the needs of carers in mental health services." *Nursing Times* **102**(17): 32-5.

Greist, H., Jefferson, J. (1992). *Depression and its Treatment*. Washington DC, American Psychiatric Press Inc.

Griffiths, K. M. e. a. (2002). "Research priorities in mental health, Part 2: an evaluation of the current research effort against stakeholders' priorities." *Australia and New Zealand Journal of Psychiatry* **36**(3): 327-9.

Group, B. C. (2006). *Improving Mental Health Outcomes in Victoria: Report to the Government of Victoria*. Melbourne.

Groves, C. (2008). "Grant eNews." Retrieved 22/03/09, from <http://www.swan.wa.gov.au/default.asp>.

Guarnaccia, P. and P. Parra (1996). "Ethnicity, Social Status, and Families' Experiences of Caring for a Mentally Ill Family Member." *Community Mental Health Journal* **32**(3): 243-260.

Gucciardo, M. (2003). *For love, for faith, for duty, for deed: beliefs and values about caring in the Anglo-Celtic, Greek, Italian, Polish, Turkish and Vietnamese communities in Victoria*. Victoria, Carers Victoria.

Hales, C., Ross, L., & Ryan, C. (2006). *National evaluation of the Aged Care Innovative Pool Dementia Pilot: final report*. *Aged Care Series*. Canberra, Australian Institute of Health and Welfare (AIHW).

Hamilton, M., K. Muir, et al. (2009). Building capacity in community mental health family support and carer respite project evaluation. Sydney, Social policy Research Centre, University of New South Wales.

Hammon, C., P. A. Brennan, et al. (2004). "Family discord and stress predictors of depression and other disorders in adolescent children of depressed and non-depressed women." *Journal of American Academy of Child and Adolescent Psychiatry* **43**(8): 994-1002.

Hancock, P., Jarvis, J., & L'Veena, T. (2006). "Barriers to respite: A study of a sub-group from an Older Carers Program in Western Australia." *Australian Journal of Primary Health* **12**(2): 113-123.

Handley, C., Farrell, G. A, Josephs, A., Hanke, A. and Hazelton, M. (2001). "The Tasmanian children's project: the needs of children with a parent/carer with a mental illness." *Australian and New Zealand Journal of Mental Health Nursing* **10**: 221-228.

Haralambous, B. (1993). *Caring for People from Non English Speaking Backgrounds - Issues for Carers*. Footscray, Migrant Resource Centre Inner-Western Region.

Harris, A. and D. Tapsas (2006). Transport and mobility: challenges, innovations and improvements. Melbourne, Royal Automobile Club of Victoria (RACV).

Hatfield, A. (2006). "Leaving Home: Separation issues in psychiatric illness." *Recovery from Severe Mental Illnesses: Research Evidence and Implications for Practice* **2**.

Hatfield, A. and H. Lefley, Eds. (1987). *Families of the mentally ill: coping and adaption*. New York, The Guildford Press.

Hatfield, A. and H. Lefley (2000). "Helping elderly caregivers plan for the future care of a relative with mental illness." *Psychiatric Rehabilitation Journal* **24**(2): 103-107.

Healthcare Management Advisors (2009). Building capacity in community mental health family support and carer respite project - Scoping project (Phase 1): The underlying needs for support. Collingwood, Vic, HMA.

Hepburn, R. (2005). Be with us, fell with us, act with us: Counselling and support for Indigenous carers. Victoria, Carers Victoria.

Herman, S., M. Marcenko, et al. (1996). "Parents perspectives on quality in family support programs." *Journal of Mental Health and Administration* **23**: 156-69.

Heru, A. (2000). "Family functioning, burden and reward in the caregiving for chronic mental illness." *Families, Systems and Health* **18**(1): 91-102.

Higgins, D., Bromfield, L. and Richardson, N. for the Australian Institute of Family Studies (2005). Enhancing out-of-home care for Aboriginal and Torres Strait Islander young people, Australian Institute of Family Studies.

Holland, K., W. Blood, et al. (2008). Report, Don't Wait: Carers say listen and act now. Canberra, Carers Australia.

Holm, S., & Ziguras, S. (2003). "The host-homes program: an innovative model of respite for carers of people with dementia." *Australasian Journal on Ageing* **22**(3): 140-145.

House of Representatives Standing Committee on Family, Community, Housing and Youth (2009). "Who Cares...?: Report on the inquiry into Better Support for Carers." Retrieved 20/07/09, from <http://www.aph.gov.au/House/committee/fchy/Carers/report.htm>.

Hugen, B. (1993). "The Effectiveness of a Psychoeducational Support Service to Families of Persons with a Chronic Mental Illness." *Research on Social Work Practice* **3**: 137-154.

Hughes, I., R. Hailwood, et al. (1996). "Developing a family intervention service for serious mental illness: clinical observations and experiences." *Journal of Mental Health* **5**: 145-159.

Hughes, J. (2007). "Caring for carers: The financial strain of caring." *Family Matters* **76**: 32-33.

Hughes, P., A. Black, et al. (2007). Building stronger communities. Perth, NCLS Research & Centre for Social Research, Edith Cowan University.

Hyde, A. (1997). "Coping with the threatening, intimidating, violent behaviors of people with psychiatric disabilities living at home : guidelines for family caregivers." *Psychiatric Rehabilitation Journal* **21**(22): 144-149.

Industry Skills Council and Community Services and health Industry Council (2008). Mental health training for workers in Aboriginal and/or Torres Strait Islander communities Resource Kit. Darwin.

Interchange Respite Care NSW (2008). "Respite Care FAQs." Retrieved 31/07/08, from <http://www.interchangensw.com.au/aboutus/faqs.html>.

Jarvis, A., and McIntosh, G. (2004). "The recognition and support of carers." *Professional Nursing* **20**(4): 24-26.

Jeon, e. a. (2007). "Factors influencing the use and provision of respite care services for older families of people with a severe mental illness." *International Journal of Mental Health Nursing* **16**: 96-107.

Jeon, Y., H. Brodaty, et al. (2005). "Respite care for caregivers and people with severe mental illness: literature review." *Journal of Advanced Nursing* **49**(3): 297-306.

Jeon, Y.-H., & Madjar, I. (1998). "Caring for a family member with chronic mental illness." *Quality Health Research* **8**: 694-706.

Jeon, Y.-H. (2004). "Shaping mutuality as the core process of nurse-family caregiver interactions." *International Journal of Mental Health Nursing* **13**: 126-134.

Jeon, Y. H., Brodaty, H., O'Neill, C., Chesterson, J. (2006). "Give me a break - respite care for older carers of mentalli ill persons." *Scandinavian Journal of Caring Sciences* **20**(4): 417-26.

Joint Standing Committee on Community Development (2003). Report on issues relating to Custodial Grandparents, Parliament of Tasmania.

Jones, S. (1997). "Caregiver burden: the experience of parents, children, siblings and spouses of people with mental illness." Psychiatric Rehabilitation Journal **20**(4): 94-97.

Kapsalis, A. (1996). What are my needs as an NESB Carer? Carers and Health Professionals: Partners in Care: Proceedings of a State Conference, Carers Association of NSW: 9-12.

Keith, L. and J. Morris (1995). "Easy Targets: A Disability Rights Perspective on the `Children as Carers' Debate'." Critical Social Policy Journal **Autumn**(44/45): 36-57.

Kersten, P., L. McLellan, et al. (2001). "Needs of carers of severely disabled people: are they identified and met adequately? ." Health and Social Care in the Community **9**(4): 235-243.

Killaspy, H. (2005). "Study tour to visit mental health services in Trieste, Italy." Newsletter of Faculty of Rehabilitation and Social Psychiatry **6**: 13-16.

Kokanovic, R. (2001). "On having a mental illness in the family: Care-giving in immigrant communities." Synergy Autumn 1-2. Retrieved 20/01/09, from <<http://www.mmha.org.au/mmha-products/synergy/Autumn2001/OnHavingaMentalIllness>>

Kuipers, L., Babbington, P. (1987). Living with Mental Illness Souvenir Press Ltd.

Kumamoto, K., Arai, Y., & Zarit, S. H. (2006). "Use of home care services effectively reduces feelings of burden among family caregivers of disabled elderly in Japan: preliminary results." International Journal of Geriatric Psychiatry **21**: 163-170.

Lafond, V. (1994). Grieving Mental Illness: A guide for parents and their caregivers. London, University of Toronto Press.

Lawton, M. P., Brody, E. M., & Saperstein, A. R. (1989). "A controlled study of respite services for the caregivers of Alzheimer's patients." The Gerontologist **29**(1): 8-16.

Leff, J., R. Berkowitz, et al. (1990). "A trial of family therapy versus a relatives group for schizophrenia: two year follow-up." British Journal of Psychiatry **157**: 571-577.

Leff, J. and C. Vaughn (1985). Expressed Emotion in Families: Its significance for Mental Illness. New York, Guilford.

Lefley, H. (1987). "Aging parents as caregivers of mentally ill adult children: an emerging social problem." Hospital and Community Psychiatry **38**: 1063-1070.

Lefley, H. (1996). Family Caregiving in Mental Illness. Thousand Oaks, CA, Sage Publications Inc.

Lefley, H. and A. Hatfield (1999). "Helping Parental Caregivers and mental health consumers cope with parental aging & loss." Psychiatric Services **50**: 369-375.

Legge, Varoe, et al. (1993). "Perceptions of Responsibility for the Care of the Aged in Six Australian Communities." Australian Health Review **16**(3): 287-299.

Lehman, A., Bernheim, K. (1985). Working with Families of the Mentally Ill, W. W. Norton & Company.

-
- Lunsky, Y., Garcin, N., Morin, D., Cobigo, V., & Bradley, E. (2007). "Mental health services for individuals with intellectual disabilities in Canada: Findings from a national survey." *Journal of Applied Research in Intellectual Disabilities* **20**: 439-447.
- Lyons, K. S., & Zarit, S. H. (1999). "Formal and informal support: The great divide." *International Journal of Geriatric Psychiatry* **14**: 183-196.
- MacCarthy, B., L. Kuipers, et al. (1989). "Counselling the relatives of the long-term adult mentally ill: I. Evaluation of the impact on relatives and patients." *British Journal of Psychiatry* **154**: 768-775.
- Magliano, L., A. Fiorillo, et al. (2006). "Patient functioning and family burden in a controlled, real world trial of family psychoeducation for schizophrenia." *Psychiatric Services* **57**: 1784-1791.
- Mannion, E. (1996). "Resilience and burden in spouses of people with mental illness." *Psychiatric Rehabilitation Journal* **20**(2): 13-23.
- Mannion, E., K. Mueser, et al. (1994). "Designing psychoeducational services for spouses of persons with serious mental illness." *Community Mental Health Journal* **30**: 177-190.
- Marley, J. (1992). "Content and Context: Working with Mentally Ill People in Family Therapy." *Social Work Journal* **37**: 412-417.
- Marsh, D. (1996). "The family experience of mental illness: evidence for resilience." *Psychiatric Rehabilitation Journal* **20**(2): 3-12.
- Marsh, D., Dickens, R. (1998). *How to cope with mental illness in your family*. NY, Tarcher / Putnam.
- Marsh, D. (2000). "Anguished voices: impact of mental illness on siblings and children." *Innovations and Research* **2**(22): 24-35.
- Martinez, A., L. Bedore, et al. (1994). "On Cultural Sensitivity in Assessing Cross-Cultural Attitudes', Comments on Bebout and Arthur " *Journal of Speech and Hearing Research* **37**: 341-346.
- Mason, P., Kreger, R. (1998). *Stop walking on eggshells: Taking your life back when someone you care about has borderline personality disorder*. Canada, New Harbinger Publications Inc.
- Matsuda, S., & Yamamoto, M. (2001). "Long-term care insurance and integrated care for the aged in Japan." *International Journal of Integrated Care* **1**: e28.
- Matthey, S. (2000). Evaluation of Carers NSW Young Carer Project. NSW, South West Sydney Area Health Service.
- McAuliffe, D., L. Andriske, et al. (2009). "Who cares?' An exploratory study of carer needs in adult mental health." *Australian e-Journal for the Advancement of Mental Health* **8** (1). Retrieved 20/07/09, from <<http://auseinet.flinders.edu.au/journal/vol8iss1/mcauliffe.pdf>>
- McCallum, J. and D. Gelfland (1990). *Ethnic Women in the Middle: A Focus Group Study of Daughters Caring for Older Migrants in Australia*. Canberra, National Centre for Epidemiology and Population Health.

McColl, L. (2007, July 2007). "'They just don't care': The experiences of mental health consumers in a Queensland bush community." Australian e-Journal for the Advancement of Mental Health Retrieved 20/01/09, from <http://auseinet.flinders.edu.au/journal/vol6iss2/index.php>.

McCreadie, R., K. Phillips, et al. (1991). "The Nithsdale schizophrenia surveys VIII: Do families want family intervention and does it help?" British Journal of Psychiatry **158**: 110-113.

McDaid, D. (2008). "Countering the stigmatisation and discrimination of people with mental health problems in Europe." Retrieved 09/09/09, from http://ec.europa.eu/health/ph_determinants/life_style/mental/docs/stigma_paper_en.pdf.

McFarlane, W. R., Lukens, E., & Link, B. (1995). "Multiple family groups and psychoeducation in the treatment of schizophrenia." Archives of General Psychiatry **52**: 679-687.

McGrath, D. and A. Ashton (2008). Caring in the ACT Community - Priority Issues for Carers. Carers ACT. Canberra.

McGrath, P., Patton, M. A., McGrath, Z., Olgivie, K., and Rayner, R. (2005). "It's very difficult to get respite out here at the moment: Australian findings on end-of-life care for Indigenous people." Health and Social Care in the Community **14**(2): 147-155.

McMahon, J., Hardy, J., & Carson, R. (2008). "Identifying the carer project. Final report and recommendations for the Commonwealth Department of Health and Ageing." Retrieved 20/01/09, from <http://www.health.gov.au/internet/main/publishing.nsf/Content/mental-pubs-i-carer>.

McNally, S., Y. Ben-Shlomo, et al. (1999). "The effects of respite care on informal carers' well-being: a systematic review." Disability and Rehabilitation **21**: 1-14.

Meiers, K. (2003). Carer retreats: providing respite, support, education and information for carers of a person with mental illness. Victoria, Commonwealth Carer Respite Centre, Southern Metropolitan Region.

Mental Health Coalition of South Australia Inc. (2006). The Role, strengths and functions of the community mental health service sector (non-government) (Paper 1). Adelaide, MHCSA.

Mental Health Coordinating Council (2007). *Submission Senate Community Affairs Committee Inquiry into Mental Health Services in Australia 2007*. Sydney, MHCC.

Mental Health Council of Australia (2006). *Smart Services: Innovative Models of Mental Health Care in Australia and Overseas*. Canberra, MHCoA.

Mental Health Council of Australia (2006). Time for service: Solving Australia's mental health crisis. Canberra, MHCA.

Mental Health Council of Australia and Carers Association of Australia (2000). Carers of people with mental illness - Final Report. Canberra, Commonwealth Department of Health and Aged Care.

Mental Health Department, Trieste, (2004). The Mental Health Services Guide. Trieste, Mental Health Department, Trieste.

Mental Illness Fellowship of Australia Inc (2005). Understanding and Managing Mental Illness. MI Fact Sheet Series 2005.

Merri Community Health Services (2006). "Commonwealth Respite and Carelink Centre/CarerLinks North." Retrieved 21/1/09, from <http://www.merrichs.org.au/Pages/CommonwealthRespiteandCarelinkCentreCarerLinksNorth.aspx>.

Metzing, S. A. S., W. (2007). "The impact of caring on young carers' lives. An international literature review (1990-2006)." Pflege **20**(6): 331-6.

Mezzina, R., & Vidoni, D. (1995). "Beyond the Mental Hospital: Crisis Intervention and Continuity of Care in Trieste. A Four Year Follow-Up Study in a Community Mental Health Centre." International Journal of Social Psychiatry **41**(1): 1-20.

Millward, C. (1995). "Family Networks in Rural and Urban Settings." Family Matters **41**(Winter): 10-14.

MIND Australia (2009). "Supporting Recovery from Mental Illness." Retrieved 13/02/09, from www.rfv.org.au.

Ministry of Health, Labour and Welfare, Japan, (2002). "Long-term Care Insurance in Japan." from <http://www.mhlw.go.jp/english/topics/elderly/care/index.html>.

Misic, A. (1996). The Hidden Society: A Study of Non-English Speaking Background Carer Issues in the Western Sydney Region. Sydney, Carers Association of NSW.

Mission Australia (2007). "Grandparents raising their grandchildren - Snapshot." Retrieved 20/01/09, from <http://www.missionaustralia.com.au/document-downloads>.

Montgomery, R. J., Marquis, J., Schaefer, J. P., & Kosloski, K. (2002). "Profiles of respite use." Home Health Care Services Quarterly **21**(3): 33-63.

Moodie, M. (1993). Acknowledging Carers: Coburg Carers - Their Roles, Needs and Concerns. Coburg, Coburg City Council.

Moore, T., and McArthur, M. (2007). "We're all in it together: supporting young carers and their families in Australia." Health and Social Care in the Community **15**(6): 561-568.

Morris, J. (1993). "Care or empowerment? A disability rights perspective." Social Policy and Administration **31**: 54-60.

Morse, C. and V. Messimeri-Kiandis (1998). "Issues of Women Carers in Australian Greek Families." Australian Journal of Primary Health - Interchange **4**(3): 203-213.

Morse, C. and V. Messimeri-Kianidis (1997). Keeping it in the Family: the Health and Social Experiences of Carers in Australian-Greek Families. Department of Immigration and Multicultural Affairs Document and Production Unit. Canberra.

Mueser, K., Gingerich, S. (2006). The Complete Family Guide to Schizophrenia: Helping your loved one get the most out of life. New York, The Guilford Press.

Mullen, R., P. Bebbington, et al. (1992). "A workshop for relatives of people with chronic mental illness." Psychiatric Bulletin **16**: 206-207.

Multicultural Communities Council South Australia (2007). Responding to Culturally and Linguistically Diverse Carers. Adelaide, MCCSA.

Multicultural Mental Health Australia (2004). *In their own right: Assessing the needs of carers in diverse communities*. Canberra.

Multicultural Mental Health Australia (2005). Multicultural Carer Support Program for isolated carers from multicultural backgrounds: Ishaar Multicultural Carer Support Program. Synergy magazine, MMHA. **1**.

Multicultural Mental Health Australia (2008). "A Carer Perspective." Synergy. Holistic Care 1. Retrieved 20/01/09, from <http://www.mmha.org.au/mmha-products/synergy>.

Municipal Association of Victoria and Coburg Carers Project (1993). Healthy localities Coburg Carers Project : final report 1990/93. [Coburg, Vic.], MAV.

Murray, J., M. Manela, et al. (1997). "An intervention study with husband and wife carers of older people with a psychiatric illness." Journal of Affective Disorders **46**: 279-284.

Nagel, T. (2005). "Remote mental health: Indigenous women of the Top End." Obstetrics & Gynaecology Magazine **7**(4): 23-25.

Nankervis, J. and J. Rebeiro (2000). Carers Speak Out: a Consultation on Community Services With Carers in the Southern Metropolitan and Grampians Region. Melbourne, Carers Association Victoria.

National Council on Intellectual Disability (NCID) (2009).

National Mental Health Consumer and Carer Forum (2007). *Submission to Senate Select Committee Inquiry into Mental Health Services in Australia from the National Mental Health Consumer and Carer Forum*. Canberra, NMHCCF.

National Schizophrenia Fellowship (2000). "Carers' Assessment Pack." Retrieved 20/01/09, from www.rethink.org/publications/carers.html.

Newbronner, E., P. Hare, et al. (2002). "Consultation Report: Services to Support Carers of People with Mental Health Problems." Retrieved 20/01/09, from www.sdo.ishtm.ac.uk/mentalhealthcarers.htm.

Nguyen, V. and M. Ho (1995). Vietnamese-Australian Families. Families and Cultural Diversity in Australia. R. Hartley. Sydney, Allen and Unwin: 216-140.

Niedzwiecki, Y. (2000). *It's My Duty: A Report of the Stressors, Coping Mechanisms and Use of Services by Polish Carers*. Footscray, Australian-Polish Community Services Inc, MRC North West Region.

Nolan, M. (2001). "Supporting family carers in the UK: Overview of issues and challenges." British Journal of Nursing **10**(9): 603-613.

Northcote, J., & Hancock, P. (2005). "Differences in the satisfaction ratings of carer-respite services by carer types: Results of an Western Australian Evaluation." *Australian Journal of Primary Health* **11**(3): 88-95.

Norton, S., A. Wandersman, et al. (1993). "Perceived Costs and Benefits of Membership in a Self-Help Group: Comparisons of Members and Nonmembers of the Alliance for the Mentally Ill." *Community Mental Health Journal* **29**: 143-160.

Oliver, M. (1992). Emancipatory Research: A Vehicle for Social Transformation of Policy Development. *First Annual Disability Research Seminar*. Dublin, Centre for Disability Studies, University College Dublin.

Olsen, R. (1996). "Young Carers: Challenging the Facts and Politics of Research into Children and Caring." *Disability and Society* **11**(1): 41-54.

Oreb, M. (2001). Children as Carers Report: An Overview of the Literature and Projects on Children as Carers. Adelaide, Carers Association of South Australia.

Ottman, G. (2007). Evidence Base for Good Practice Respite. Glen Waverley, Uniting Care Community Options.

Pakenham, K. and M. Dadds (1987). "Family care and schizophrenia: the effects of a supportive educational program on relatives' personal and social adjustment." *New Zealand Journal of Psychiatry* **21**: 580-590.

Parliament of Australia Senate (2007, July 2007). "Inquiry into Mental Health Services." Retrieved 20/01/09, from http://www.aph.gov.au/Senate/committee/clac_ctte/mental_health/index.htm.

Partners in Care (2004). "A Checklist for Psychiatrists; A Checklist for People with Mental Health Problems; A Checklist for Carers of People with Mental Health Problems." Retrieved 20/01/09, from www.partnersincare.co.uk.

Patterson, T. (1996). "Researching the caregiver: family members who care for older psychotic patients." *Psychiatric Annals* **26**(12): 772-783.

Paul Laris & Associates (2008). Mental Health Carers Community Liaison Project. Adelaide, Carers SA.

Paul Laris & Associates (2008). Mental Health Carers Education Forums. Adelaide, Carers SA.

Payne, T. (2000). *Hearing our voices: stories from carers of people with a mental illness*. Sydney, Carers NSW.

Perring, C., J. Twigg, et al. (1990). *Families Caring for People Diagnosed as Mentally Ill: The Literature Re-examined*. London, Her Majesty's Stationery Office.

Pickard, L. (2001). "Carer Break or Carer-Blind? Policies for Information Carers in the UK." *Social Policy and Administration* **35**(4): 441-458.

Pijl, M. (2004). Carers, the unseen workforce in Europe. *Anhörigstöd I Sverige och Europa 2004*. Europe.

Pitschel-Walz, G., S. Leucht, et al. (2004). "The effect of family interventions on relapse and rehospitalisation in schizophrenia: a meta-analysis." Focus **2**: 78-94.

Plunkett, A. and S. Quine (1996). "Difficulties Experienced by Carers from Non-English Speaking Backgrounds in Using Health and Other Support Services." Australian and New Zealand Journal of Public Health **20**(1): 27-32.

Pollio, D., C. North, et al. (1998). "Content and curriculum in psychoeducation groups for families of persons with severe mental illness." Psychiatric Services **49**(6): 816-822.

Pope, J. and P. Jolly (2008). "Working in Partnership, practical advice for running effective partnerships." Psychiatric Services **49**: 816-822.

Posner, C., K. Wilson, et al. (1992). "'Family psychoeducational support groups in schizophrenia.'" American Journal of Orthopsychiatry **62**: 206-218.

Powell, E. (2000). We Care Too - A Good Practice Guide for People Working with Black Carers. London, The Afya Trust.

Private Mental Health Consumer Carer Network Australia (2007). Identifying the Carer Project. Canberra, Department of Health and Ageing.

Rakfeldt, J., J. Tebes, et al. (1997). "Normalising acute care: a day hospital/crisis residence alternative to inpatient hospitalisation." Journal of Nervous and Mental Disease **185**(1): 46-52.

Razali, S., C. Hasanah, et al. (2000). "Psychosocial interventions for schizophrenia." Journal of Mental Health **9**(283-289).

Reach Out (2008). "Being a Young Carer ". Retrieved 20/01/09, from <http://www.reachout.com.au/default.asp?ti=282>.

Reid, J., C. Lloyd, et al. (2005). "The psychoeducational needs of parents who have an adult son or daughter with a mental illness." Australian e-Journal for the advancement of mental health **4**(2).

Reinhard, S. (1994). "Living with mental illness: effects of professional support and personal control on caregiver burden." Research in Nursing and Health **17**: 79-88.

Rethink (1999). "Information Provision to Mental Health Service Users and Informal Carers." Rethink Policy Statement 13. Retrieved 20/01/09, from www.rethink.org/news%2Bcampaigns/policies/13-informationprovision.htm.

Rethink (2003). Under Pressure: The impact of caring on people supporting family members or friends with mental health problems. London, Rethink Publications.

Rethink (2003). "Who Cares? The experiences of mental health carers accessing services and information." Retrieved 20/01/09, from www.rethink.org/document.rm?id=37.

Rethink and Sainsbury Centre for Mental Health (1999). Carers' Education and Support Programme Professionals' Pack. London, Rethink Publications.

Reynolds, A., G. McVicar, et al. (1993). Commonwealth Respite for Carers Planning Program. Family Caregivers: Disability, Illness and Ageing. McVicar and Reynolds, H. Schofield, S. Blochet al. Williamstown, Allen and Unwin.

Ritchie, J. and L. Spencer (1994). Qualitative Data analysis for applied policy research. Analysing Qualitative Data. A. Bryman and R. Burgess. London, Routledge.

Robinson, E., B. Rodgers, et al. (2008). Family relationships and mental illness: impacts and service responses. Australian Family Relationships Clearinghouse. **4**.

Rooney, R., B. Wright, et al. (2006, August 2006). "Issues faced by carers of people with a mental illness from culturally and linguistically diverse backgrounds: Carers' and practitioners' perceptions." Australian e-Journal for the advancement of mental health. Retrieved 20/01/09, from <http://auseinet.flinders.edu.au/journal/vol5iss2/rooney.pdf>.

Roseanne Hepburn for Carers Victoria (2005). Be with us, Feel with us, Act with us: Counselling and support for Indigenous carers. Melbourne, Carers Victoria.

Rosenman, L., & Le Broque, R. (1996). *"The price of care" In: Towards a National Agenda for Carers: Workshop Papers*. D. Aged and Community Care Division. Canberra, Australian Government Publishing Service

Royal Australian and New Zealand College of Psychiatrists (2000). "Involving families: Guidance for involving families and whanau of mental health consumers/tangata whai ora in care, assessment and treatment processes." Retrieved 20/01/09, from www.moh.govt.nz.

Ruah Community Services (2008). "Inside a Family Under Pressure - The impact of Parental mental illness on the Family." Retrieved 20/01/09, from <http://www.ruah.com.au/page/MentalHealth>.

Sainsbury Centre for Mental Health (1999). Carers education and support programme professionals' pack. London, Rethink Publications.

Sanders, F. and K. Cassar-Bortolo (2008). Carer Involvement Project: Gathering Lived Experience. Phase 1: Review of Literature and Service Map Concerning Carer Needs, Peer Support and Mentoring Models. Melbourne, ARAFEMI.

SANE Australia (1998). Planned Respite Care. South Melbourne, SANE Australia.

SANE Australia (2007). "Research Bulletin 5: Family carers and mental illness." Retrieved 20/01/09, from <http://www.sane.org/Information/Information/Research.html>

SANE Australia (2007). SANE Guide for Families, the essential resource for families, friends and other carers of people with a mental illness. South Melbourne, SANE Australia.

SANE Australia (2007). The SANE guide for families: Caring for someone affected by mental illness. South Melbourne, SANE Australia.

SANE Australia (2007). "Submission: Inquiry into mental health services 2007." from http://www.aph.gov.au/Senate/committee/clac_ctte/mental_health/submissions/sublist.htm.

-
- Saunders, J. (1999). "Family functioning in families providing care for a family member with schizophrenia." Issues in Mental Health Nursing **20**(2): 95-113.
- Schroeder, B. (2002). *Caregiver Focus Group Report*. Ottawa, Canada, Victorian Order of Nurses.
- Schunk, M. V., & Estes, C. L. (2001). "Is German Long-term Care Insurance a Model for the United States?" International Journal of Health Services **31**(3): 617-634.
- Sellwood, W., C. Barrowclough, et al. (2001). "Needs-based cognitive-behavioural family intervention for carers of patients suffering from schizophrenia: 12-month follow-up." Acta Psychiatrica Scandinavica **104**: 346-355.
- Seltzer, M., L. Litchfield, et al. (1992). "Professional and family collaboration in case management: a hospital-based replication of a community-based study." Social Work and Health Care **17**: 1-22.
- Sherril, J., E. Frank, et al. (1997). "Psychoeducational workshops for elderly patients with recurrent major depression and their families." Psychiatric Services **48**: 76-81.
- Shimodera, S., S. Inoue, et al. (2000). "Expressed emotion and psychoeducational intervention for relatives of patients with schizophrenia: a randomised controlled study in Japan." Psychiatry Research **96**: 141-148.
- Sidley, G., J. Smith, et al. (1991). "Is it ever too late to learn? Information provision to relatives of long-term schizophrenia sufferers." Behavioural Psychotherapy **19**: 305-320.
- Simpson, R. (1997). "Carers as equal partners in care planning." Journal of Psychiatric and Mental Health Nursing **4**: 345-354.
- Smith, G. (1998). Sharing the Load: What to do when someone you love is depressed. Australia, Hale & Iremonger Pty Ltd.
- Smith, G., Hatfield, A., Miller, D. (2000). "Planning by Older Mothers for the Future Care of Offspring With Serious Mental Illness." Psychiatric Services **51**: 1162-1166.
- Smith, G. (2003). "Patterns and Predictors of Service Use and Unmet Needs Among Aging Families of Adults with Severe Mental Illness." Psychiatric Services **54**: 871-877.
- Smith, J. and M. Birchwood (1987). "Specific and nonspecific effects of educational interventions with families of schizophrenic patients." British Journal of Psychiatry **150**: 645-652.
- Smith, M., R. Coleman, et al. (2003). Psychiatric First Aid in Psychosis: A handbook for nurses, support workers, carers and people distressed by psychotic experiences. NZ, Keepwell Publications.
- Social Health Reference Group (2004). "National Strategic Framework for Aboriginal and Torres Strait Islander Peoples' Mental Health and Social and Emotional Well Being (2004 - 2009)." Retrieved 30/07/08, from [http://www.health.gov.au/internet/main/publishing.nsf/Content/8E8CE65B4FD36C6DCA25722B008342B9/\\$File/wellbeing.pdf](http://www.health.gov.au/internet/main/publishing.nsf/Content/8E8CE65B4FD36C6DCA25722B008342B9/$File/wellbeing.pdf).
- Solomon, P., M. Cavanaugh, et al. (2005). "Family violence among adults with severe mental illness." Trauma, Violence and Abuse **6**(1): 40-54.

Spaniol, L., N. Wewiorski, et al. (2002). "The Process of Recovery from Schizophrenia." International Review of Psychiatry **14**(4): 327-336.

Stengard, E. (2002). "Caregiving types and psychosocial wellbeing of caregivers of people with mental illnesses in Finland." Psychiatric Rehabilitation Journal **26**(2): 154-164.

Sullivan, K. (2003). *National Indigenous Palliative Care Needs Study: Final Report*. Department of Health and Ageing. Canberra, The National Palliative Care Program, DoHA.

Szmukler, G., H. Herman, et al. (1996). "A controlled trial of a counselling intervention for caregivers of relatives with schizophrenia." Social Psychiatry and Psychiatric Epidemiology **31**(149-155).

Tarrier, N. (1991). "Some aspects of family interventions in schizophrenia. II: Financial considerations." British Journal of Psychiatry **159**: 481-484.

Taskforce on Carer's Costs (2006). "Where to now? 2006 Final Report." Retrieved 20/01/09, from <http://www.tocc.org.au>.

Thomas, T. (1999). "Stress, coping and the mental health of older Vietnamese migrants." Australian Psychologist **34**: 82-86.

Tobin, M. e. a. (2000). "Culturally sensitive mental health services through quality improvement." International Journal of Health Care Quality Assurance **13**(1): 15-20.

Torrey, E. (2001). Surviving Schizophrenia: A manual for families, consumers and providers. New York, Collins.

Toseland, R. and C. Rossiter (1998). "Group interventions to support family caregivers: a review and analysis." The Gerontologist **29**: 438-448.

Transport Accident Commission (2008). "Respite Services, Transport Accident Commission." Retrieved 21/2/09, from <http://www.tac.vic.gov.au/jsp/content/PrintContent.do?areaID=22&tierID=1&pageID=678>.

Truc, C. (1994). *The Silent Challenge of Women Carers of Non-English Speaking Backgrounds*. First National Conference of Vietnamese Women in Australia. Sydney, Vietnamese Women's Association in NSW Inc.

Tsolidis, G. (1995). Greek-Australian Families. Families and Cultural Diversity in Australia. H. Robyn. Sydney, Allen and Unwin: 121-143.

Tsutsui, T., & Muramatsu, N. (2005). "Care-Needs Certification in the Long-Term Care Insurance System of Japan." Journal of American Geriatrics Society **53**: 522-527.

University of Technology (2003). "Review of UTS Funding Model." 2009, from http://www.uts.edu.au/about/executive/funding/public_discussion_paper.pdf.

Urbis (2007). *Overnight Community Respite and Employed Carers Evaluation Workshops*. Department of Health and Ageing. Canberra.

Van Minnen, A., C. Hoogduin, et al. (1997). "Hospital vs. outreach treatment of patients with mental retardation and psychiatric disorders: a controlled study." Acta Psychiatrica Scandinavica **95**: 515-522.

Vasta, E. (1995). The Italian-Australian Family: Transformations and Continuities. Families and Cultural Diversity in Australia. R. Hartley. Sydney, Allen and Unwin: 144-166.

Vecchio, N. (2008). "Understanding the use of respite services among informal carers." Australian Health Review **32**(3): 459-467.

Vernooij, D., C. Lamers, et al. (2000). "An evaluation of the impact of voluntary sector family support workers on the quality of life of carers of schizophrenia sufferers." Journal of Mental Health **9**: 495-503.

Verso Consulting Pty Ltd (2007). "Metropolitan North WA Regional Summary." Retrieved 20/01/09, from <http://www.ilc.com.au/>.

Victorian Health Promotion Foundation (2004). "Partnerships Fact Sheet." Retrieved 30/01/09, from http://www.vichealth.vic.gov.au/en/~//media/ResourceCentre/PublicationsandResources/General/Fact%20Sheet_Partnerships.ashx.

Victorian Mental Health Carers Network (2001). Differences and similarities in experience of carers of people with a mental illness and other carers. Melbourne.

Vu, K. (2002). Perspective from Vietnamese Community. The Hidden Nature of Caring in Ethnic Communities : Forum Report. Melbourne, Carers Victoria: 21-23.

Ward, L., Colegrove, V. et al. (2001). Carer Survival Kit: For families and friends of people living with mental illness. Melbourne, ARAFEMI.

Ward-Griffin, C., R. Schofield, et al. (2005). "Canadian families caring for members with mental illness: a vicious cycle." Journal of Family Nursing **11**(2): 140-161.

Wasow, M. (1995). The Skipping Stone: The rippling effect of mental illness in the family. California, Science and Behaviour Books.

Webber, M. (2005). Social Capital and Mental Health *Social Perspectives in mental Health: Developing Social Models to Understand and Work with Mental Distress*. J. Tew. London, Jessica Kingsley Publishers: 90-111.

Weinberg, A. and P. Huxley (2000). "An evaluation of the impact of voluntary sector family support workers on the quality of life of carers of schizophrenia sufferers." Journal of Mental Health **9**(5): 495-563.

Weisburd, D. (1989). Families Know: about coping with serious mental illness. Sacramento, California Alliance for the Mentally Ill.

Wesley Mission (2007). The Wesley Report: Living with mental illness: Attitudes, experiences and challenges. Sydney, Wesley Mission Research Department.

Weston, R., L. Qu, et al. (2001). *Ageing Yet Diverse: The Changing Shape of Australia's Population*. Australian Family Briefing No 10. Melbourne, Australian Institute of Family Studies.

Winefield, H., J. Barlow, et al. (1998). "Responses to support groups for family caregivers in schizophrenia: who benefits from what?" *Australian and New Zealand Journal of Mental Health Nursing* **7**: 103-110.

Winefield, H. and E. Harvey (1995). "Tertiary prevention in mental health care: effects of group meetings for family caregivers." *Australian and New Zealand Journal of Psychiatry* **29**: 139-145.

Woolis, R. (1992). *When someone you love has a mental illness: A handbook for family, friends and caregivers*. New York, GP Putnam & Sons.

World Health Organisation (2002). "Prevention and promotion in mental health." Retrieved 09/09/09, from http://www.who.int/mental_health/media/en/545.pdf

Xiong, W., M. Phillips, et al. (1994). "Family-based intervention for schizophrenic patients in China: A randomised controlled trial." *British Journal of Psychiatry* **165**(239-247).

Yamada, M., Hagihara, A., & Nobutomo, K. (2008). "Coping strategies, care manager support and mental health outcome among Japanese family caregivers." *Health and Social Care in the Community* **16**(4): 400-409.

Youth Coalition of the ACT (2005). *More than Words - Supporting Young Carers and their Families*. Canberra, Youth Coalition of the ACT.

Youth Coalition of the ACT (2005). *Reading between the lines: Listening to children and young people*. Canberra, Youth Coalition of the ACT.

Youth Coalition of the ACT (2005). *Telling it as it is: Listening to young people about youth homelessness in the ACT and the services that support them*. Canberra, Youth Coalition of the ACT.

Zaia, R. (2007). "Submission into Inquiry into mental health services in Australia by ARAFMI Hunter." Retrieved 20/01/09, from http://www.aph.gov.au/Senate/committee/clac_ctte/mental_health/submissions/sub02.pdf.

Zarit, S. H., Gaugler, J. E., & Jarrott, S. E. (1999). "Useful services for families: Research findings and directions." *International Journal of Geriatric Psychiatry* **14**: 165-181.

Zhang, M., Y. He, et al. (1998). "Group psychoeducation of relatives of schizophrenic patients: two-year experiences." *Psychiatry and Clinical Neuroscience* **52**(344-347).

Zilber, D. and Marymead Child and Family Centre. (2002). *Quality respite : thinking creatively outside the square*. [Narrabundah, A.C.T.], Marymead Child & Family Centre.